

# AgBite

*A series of commodity insights*

## Did you know?

Six cities in the U.S. are named Peanut: Peanut, California, Lower & Upper Peanut, Pennsylvania, Peanut, Pennsylvania, Peanut, Tennessee and Peanut, West Virginia.

## Overview

- There are 4 types of peanuts- Runner, Spanish, Valencia and Virginia.
- Approximately 540 peanuts are needed to make a 12 oz. jar of peanut butter.
- Majority of U.S. peanut production comes from Georgia, Alabama, Florida, North Carolina, Texas and South Carolina.
- George Washington Carver discovered over 300 uses for peanuts, including leather dye, ink, coffee and shaving cream.

## Production

Approximately 3.2 gallons of water is needed to produce 1 ounce of peanuts.

In 2022 the U.S. peanut crop was estimated at 5.57 billion pounds.

Half of the peanuts produced in the U.S. are used for peanut butter. The other half is used for snack nuts and candy.

Peanuts, unlike other nuts do not grow on trees. The peanut (the fruit) actually grows underground.

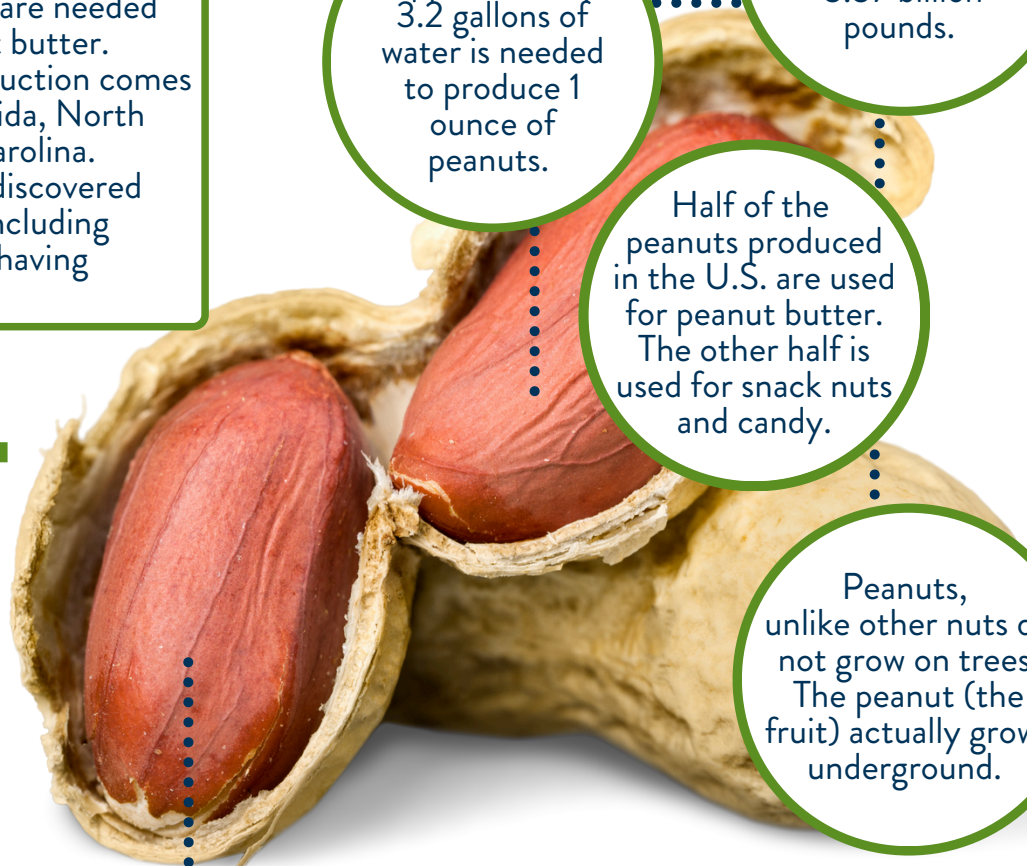
# Peanut

*Family: Fabaceae*

*Genus: Arachis*

*Kingdom: Plantae*

*Order: Fabales*



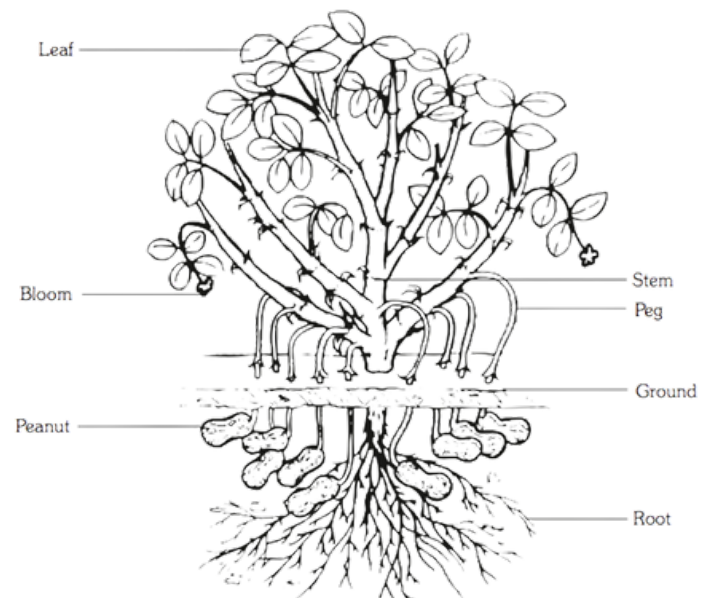
1 cup (146g)

## Nutritional Information

Calories 828  
Protein: 38 g  
Carbs 24 g  
Sugar 6g  
fiber 12 g

Fat 72 g  
Saturated 10 g  
Potassium 1,029 g  
Sodium 26 g

## Peanut Plant Anatomy



<https://agclassroom.org/matrix/lesson/266/>  
<https://nationalpeanutboard.org/news/fun-facts/https://www.ers.usda.gov/data-products/chart-gallery/gallery/chart-detail/?chartId=106192#:~:text=According%20to%20USDA's%20National%20Agricultural,estimated%20at%202.9%20billion%20pounds.>  
<https://fdc.nal.usda.gov>