Resource Guide

DROUGHT

Are you or someone you know experiencing drought conditions? Here are some tips and resources that focus on national and state specific drought resources.



Reach out to your lender or other partners sooner rather than later when experiencing challenging conditions.

DROUGHT RESOURCES BY STATE

VIRGINIA

Virginia Department of Environmental Quality

 https://www.deq.virginia.gov/our-programs/water/waterquantity/drought

Drought.gov

https://www.drought.gov/states/virginia

Virginia Department of Agriculture and Consumer Services

Hay Clearing House: https://www.vdacs.virginia.gov/pdf/hay.pdf

WEST VIRGINIA

West Virginia Department of Agriculture

 https://agriculture.wv.gov/divisions/executive/droughtassistance-resources/

WVU Extension

Farm Family Wellness Alliance Quick Guide to Drought
 Management: https://extension.wvu.edu/agriculture/pasture-hay-forage/pasture-based-livestock/quick-guide-to-drought-management

Drought.gov

• https://www.drought.gov/states/west-virginia

MARYLAND

Maryland Department of the Environment

 https://mde.maryland.gov/programs/water/droughtinformation/ pages/index.aspx

Drought.gov

• https://www.drought.gov/states/maryland



ADDITIONAL DROUGHT RESOURCES

Drought Monitor

• University of Nebraska-Lincoln: https://droughtmonitor.unl.edu/

Drought Protection and Recovery

USDA: https://www.farmers.gov/protection-recovery/drought

Noninsured Crop Disaster Assistance Program

USDA: https://www.fsa.usda.gov/programs-and-services/disaster-assistance-program/noninsured-crop-disaster-assistance/index

Risk Management Agency

USDA: https://www.rma.usda.gov/en

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Drought and other crisis situations can induce stress. It is important to remember the warning signs of stress and be willing to have a conversation about it.

WARNING SIGNS OF STRESS

Physical

Headaches Ulcers Frequent Sickness Backaches Sleep Disturbances

Behavioral

Irritability Withdrawal Alcoholism Acting Out Backbiting

Emotional

Sadness Anger Anxiety Bitterness Loss of Humor

Cognitive

Memory Loss Lack of Concentration Inability to Make Decisions Decreased Self-Esteem

HOW TO START CONVERSATIONS

It can be difficult to start conversations on the topic of stress. Here are some tips to get you started:

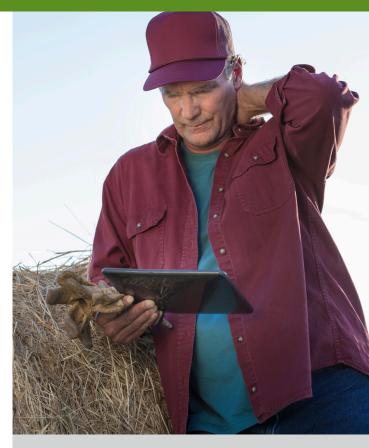
Acknowledge their feelings. "What you're going through must be difficult, how are you managing?"
Show interest. "You mentioned that meeting was really stressful,

Snow interest. Too mentioned that meeting was really stress can you tell me more about it?"
Don't be afraid to ask. "You seem to be thinking about a lot, is there anything I can do to help you?"
Stay present and connected. "You mentioned maybe seeking"

help, I can help connect you to a resource."

Scan the QR code to access additional mental health resources with the Focus on Well-being Resource Guide.





DROUGHT RESPONSE STRATEGIES

Drought Management Strategies to Consider

- Pasture Management
- Forage Saving / Destocking Options
- Alternative Feeds
- Water Quality and Heat Stress
- Financial Options

Things to ask yourself when working through strategies

- Does it move towards my vision or goals?
- Is it feasible?
- Will it make an impact?
- Do the benefits out weigh the cost?

Drought Response Strategies, National Drought Mitigation

https://drought.unl.edu/ranchplan/WriteaPlan/DevelopStrategi es/DroughtŘesponseStrategies.aspx

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